

2024 Fall Newsletter from Casa de Amparo

# Come Home to Casa

Dear Casa de Amparo Family:

I hope our fall newsletter finds you well! It's hard to believe that school has been in session for almost 2 months, and we are preparing our Casa kids for the holidays here at Casa de Amparo.

We rely on our donors and volunteers heavily during this time of year, and you always come through for our kids and young adults. You are such a critical part in providing the best, quality care to help those healing from severe child abuse and neglect. Our donor community provides Halloween, Thanksgiving, Christmas, Hanukkah & New Year's celebrations for our young people. For those living in our Residential Services program, it can be the first "real" holiday that some of our kids have ever experienced. Our Casa kids will have costumes for Halloween, experience a traditional Thanksgiving meal, be able to open gifts of their very own on their birthday, Hanukkah or Christmas. This is not something we take for granted. Thank YOU to our community for making this happen each year for our Casa Kids.

Our fundraising goal this year is another challenging one. \$2.5 million dollars needs to be raised by the end of June to support our programs, giving our Casa Kids the life they so deserve. Every dollar that our donors give is put to work right away! Your funds help provide therapy for our kids, new clothing, food, transportation, fun activities to keep our kids busy, furnishings and supplies to create a first-ever home for our young adults who are moving into their new apartment. Without you, our committed donor community, we simply would not be able to provide the quality of care that we do.

Thank you from the bottom of my heart for your commitment and trust in us to help kids overcome the unthinkable things that have happened to them.

Wishing you and your families an amazing holiday season. May you find time to celebrate the things that make you happy as we finish out 2024.

Sincerely,

*Katherine M. Karpé*

Katherine M. Karpé, CFRE  
Chief Executive Officer  
Casa de Amparo



**Katherine M. Karpé, CFRE**  
Chief Executive Officer





## Fashion Furniture Outfits New Directions Apartments

Casa de Amparo is excited to announce that Fashion Furniture has generously committed to donating 25 sets of apartment furniture to support our New Directions Transitional Housing Program. This incredible gift allows us to welcome more youth into beautifully furnished spaces, creating a home-like environment as they begin their journey to independent living.

“Having a comfortable place to call home means so much to the youth we serve,” says Tania Maldonado, New Directions Youth Advocate. “It helps them feel more secure and confident as they work toward their personal and professional goals.”

For many, this is the first time they’ve had a space of their own, and the warm, welcoming environment created by Fashion Furniture’s donations plays a crucial role in making them feel safe and supported.

Thank you, Fashion Furniture, for making a difference in the lives of our youth!



## Behavioral Health Artwork Installation

Casa de Amparo has recently finished upgrading our Residential Services cottages and clinical office spaces with 85 pieces of behavioral health-grade artwork! These specially curated pieces not only enhance our spaces, but also play a crucial role in fostering a therapeutic environment for the youth we serve. Selected for their calming and supportive qualities, the artwork helps promote a sense of comfort and healing.

The materials were carefully chosen for durability, cleanliness, and safety—ensuring a secure space for our youth by minimizing any risk of injury.

## Casa de Amparo Expands Substance Use Services with New Grant

Casa de Amparo has received a generous grant from Sierra Health Foundation in partnership with the California Department of Health Care Services to enhance our substance use services across all levels of the organization. This funding will allow us to provide specialized training in Motivational Interviewing (MI), a proven approach that empowers individuals to make positive changes in their lives.

Key staff members including residential floor supervisors, managers, therapists, and New Directions advocates, will receive MI training. Casa de Amparo will incorporate harm reduction approaches into youth treatment plans including education and awareness, access to resources, safe spaces, overdose prevention and response, substance use screening and assessment, supportive counseling, therapy, and peer support and mentorship.

“By implementing these harm reduction approaches, we aim to support foster youth with substance use disorders in managing their substance use more safely while also addressing their broader needs for support, understanding, and guidance throughout recovery.”

- Sheena Bergeron, Casa de Amparo’s Chief Programs Officer.

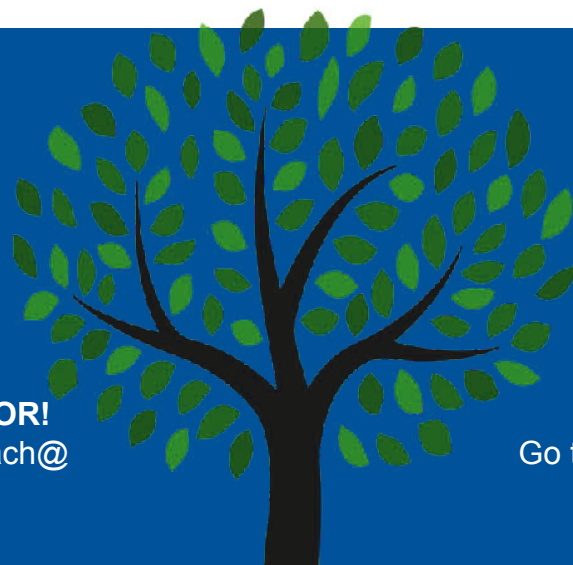


## Casa Family Tree

### OUR MONTHLY DONORS

You are the reason we continue to grow and be better for our youth. Just like every leaf on a tree is essential to its health, every dollar you give is essential to allowing Casa to treat and prevent child abuse each and every day.

**JOIN OUR FAMILY TREE BY BECOMING A MONTHLY DONOR!**  
Go to [www.casadeamparo.org/donate](http://www.casadeamparo.org/donate) or email Izabella at [ilatrach@casadeamparo.org](mailto:ilatrach@casadeamparo.org).



## Healing Takes Community

### SIGNATURE PARTNERS

Building a strong and safe community for our youth is at the heart of our mission. As a Signature Partner, your entire company can get involved through volunteering, event sponsorship, and in-kind drives.

**BECOME A SIGNATURE PARTNER TO GET INVOLVED!**  
Go to [www.casadeamparo.org/signaturepartner](http://www.casadeamparo.org/signaturepartner) or email Heather at [hjenkins@casadeamparo.org](mailto:hjenkins@casadeamparo.org) to learn more.

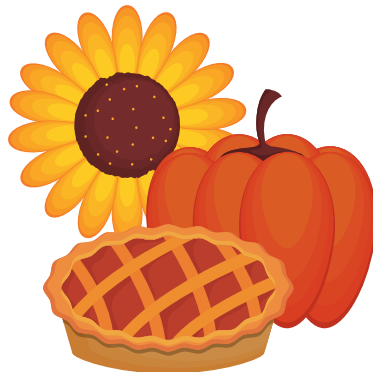


## **Thanksgiving Decor Drive**

As fall settles in, we're gearing up to bring holiday joy to our incredible youth! You can help create a season of smiles by sending or dropping off much-needed items at our office from 9 AM to 5 PM, Monday through Friday. To learn how you can make a difference, contact Yesenia Rosas at [Yrosas@casadeamparo.org](mailto:Yrosas@casadeamparo.org). Let's come together and make this holiday season one to remember!

### **Needed Items**

- **Baking Items**
- **Fall Themed Decorations**
- **Non-Perishable Food**
- **Fall Craft Sets**
- **Thanksgiving Plasticware**
- **Canned Goods**



**Scan me!**