



Casa de
Amparo

Treating and Preventing
Child Abuse and Neglect

ANNUAL REPORT

2020-2021

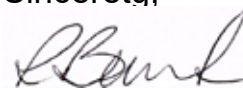
A MESSAGE FROM THE BOARD

From July 1, 2020, to June 30, 2021, Casa de Amparo continued to navigate an ever-changing pandemic-filled landscape. The challenges included a year of remote learning for youth in Residential Services, virtual gatherings for New Directions clients, and a growing need for more mental health services for all the youth in foster care Casa de Amparo cares for. With reports of child abuse and domestic violence rising across the country, our mission to support those affected by and at risk of child abuse and neglect, through a range of programs and services that promote healing, growth, and healthy relationships, became even more urgent.

Despite these difficulties, there were numerous moments of goodwill prevailing from a community of supporters who did not let the pandemic stop them from aiding Casa de Amparo. We received our largest single donation in history, driving our ongoing capital campaign. Hundreds of donors who normally join our events in-person, tuned in virtually instead. And the in-kind donations of tangible goods to help our programs, skyrocketed to an all-time high. Our support system of volunteers, community advocates, board members, and donors made a tremendous impact in the lives of those we serve.

This year provided more unforeseen challenges balanced by beautiful moments of generosity, than ever before. Thank you for your personal role in this dynamic process. Your contribution paved the way for Casa de Amparo to treat and prevent child abuse in unprecedented times.

Sincerely,



Richard Berwick
Chair of the Board
Casa de Amparo

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**Members/Officers serving in Fiscal Year July 1, 2020 through June 30, 2021*

SNAPSHOT FOR FY 2020-2021

LOCATIONS

San Marcos

- Residential Services
- Family Visitation

Oceanside

- New Directions
- Family Visitation

PROGRAMS

- Residential Services
- New Directions
- Family Visitation

CLIENTS SERVED

- Casa Kids: 422

EMPLOYEES

- Full-Time: 112
- Part-Time: 14

VOLUNTEERS

- Total Individuals: 145
- Total Donated Hours: 2,400

TO SUPPORT THOSE AFFECTED BY AND AT RISK OF CHILD ABUSE AND NEGLECT, THROUGH A RANGE OF PROGRAMS AND SERVICES THAT PROMOTE HEALING, GROWTH, AND HEALTHY RELATIONSHIPS.

Established in 1978, Casa de Amparo is recognized as a leader in treating and preventing child abuse and neglect in San Diego County and beyond, with locations in Oceanside and San Marcos. The nonprofit organization annually serves over 422 Casa Kids, from prenatal to 25 years old, as well as over 395 families through integrated programs that promote healing, growth, and healthy relationships.

▶ AUGUST 1978

Casa de Amparo was founded by a small group of local women concerned about domestic violence and the welfare of children. Led by the Women's Resource Center and supported by local police, this team pushed for a home for children affected by or at risk of child abuse. It was at this point that Casa de Amparo opened its doors.

▶ AUGUST 1980

Casa de Amparo expanded its services to include the Child Development Center in Oceanside, providing therapeutic childcare, preschool, and a family support center for children 18 months to 5 years old who are at risk of abuse or neglect. Casa de Amparo continued to operate the CDC for 38 years until the center closed in June 2018.

▶ JULY 2001

Casa de Amparo began its Family Visitation Program, which provides a neutral, supervised setting for children who have been separated from their parents as a result of abuse or neglect, enabling regular visits, positive interactions, and reunification, if appropriate.

▶ JUNE 2008

Casa de Amparo began serving 18 to 25 year old youth formerly in foster care, providing fully furnished apartments, career and education planning, and life skills training through the New Directions transitional housing program.

CASA DE AMPARO'S HISTORY

▶ APRIL 2012

Residential Services relocated from Oceanside to the Casa Kids Campus in San Marcos, California on 11.4 acres of land, providing three cozy, home-like cottages and expansive outdoor areas for play.

▶ APRIL 2014

Residential Services began housing pregnant and parenting girls in foster care and their infants. Casa de Amparo is currently the only licensed residential treatment center in San Diego County to provide these services.

▶ JUNE 2016

Opened new Counseling Wing and expanded the Pregnant and Parenting Cottage at the Casa Kids Campus in San Marcos. The expansion allows services for additional clients and new state-of-the-art therapeutic practices.

▶ MAY 2018

Initiated the Transition Preparation Program for Residential Services participants. This program allows progressing residents to start learning all the elements of independent living.

▶ JANUARY 2019

Residential Services received licensure as a Short-Term Residential Therapeutic Program (STRTP). As an STRTP, Residential Services continues to serve youth in foster care with the highest level of behavioral and mental health concerns who require intensive trauma treatment in a residential setting.

CASA DE AMPARO'S PROGRAMS

422
CLIENTS SERVED

RESIDENTIAL SERVICES

Residential Services is a Short-Term Residential Therapeutic Program (STRTP) that provides licensed residential care and intensive treatment services to foster youth ages 12-18 who have been removed from their homes due to abuse and neglect. The program includes licensed residential care and intensive treatment services for pregnant and parenting female adolescents, ages 12-18, and their children. Since 1978, Residential Services has improved the quality of care for children and teens in the foster care system through the combined efforts of our health care staff, clinical therapists, and residential counselors who carry out individualized treatment plans to enhance each resident's recovery and provide them the necessary resources to become successful, healthy young adults. Specialized care includes services for children with special health care needs and residents experiencing extreme emotional and behavioral challenges. Care and services are provided for pregnant and parenting residents utilizing the evidence-based treatment model Nurturing Parenting to provide parenting skills to these young mothers for the health of their family unit and to prevent generational cycles of abuse. Pregnant and parenting residents are also provided prenatal care and guidance on healthcare decisions for their children to assist in their transition to becoming a young mother.

NEW DIRECTIONS

New Directions provides transitional housing and intensive case management for young adults, ages 18 to 25, and their families as they transition from foster care to sustainable independent living. With Casa de Amparo's assistance, youth are equipped with the necessary skills and resources to successfully transition to self-sufficiency. Subsidized rent, fully furnished apartment homes, educational guidance, parent education, job skills training, financial literacy, and mental and physical healthcare are provided. The goal of New Directions is to stop the cycle of abuse by helping youth currently in or emancipated from foster care develop healthy, productive lifestyles.

FAMILY VISITATION

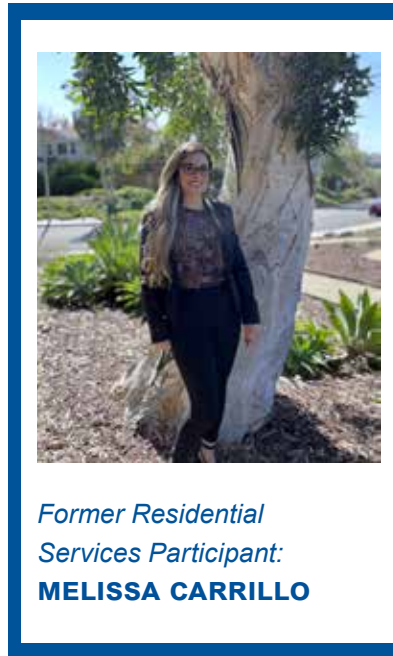
Family Visitation Services provides a neutral, supervised setting for foster children, birth to 17 years of age, and their biological families from whom they have been separated to interact in a safe environment. The goal is to allow families to work alongside Casa de Amparo's Visitation Aides and County social workers as they progress toward reunification, if appropriate. Visitation Aides provide input to social workers regarding court ordered family reunification plans, increasing the successful reunification of foster children with their biological families.

94
YOUTH SERVED

65
YOUTH SERVED

2,072
HOURS OF
FAMILY VISITATION

A SUCCESS STORY



Former Residential Services Participant:
MELISSA CARRILLO

At the age of three, Melissa lost her mother in a tragic car accident leaving her in the care of her abusive father and new stepmother. For the next decade of her life with them, she would experience mental, physical, and sexual abuse. After this was finally uncovered, she was placed in foster care and moved from multiple foster families until a social worker suggested Casa de Amparo.

Her healing process began as a teenager during the nine transformative months at Casa de Amparo where she would attend therapy, group activities, go on outings, and learn valuable life skills.

“There was structure at Casa and no abuse. No yelling at you, no demeaning you, or belittling you. No hateful parents spewing their rage onto you. Instead, the staff would talk to you with respect and showed they care. It wasn't just a job for them, we were their kids.”

Trauma-informed therapy is an essential component of Casa de Amparo's services for all youth. Melissa was assigned a therapist, Vicky, upon intake, but swore she would never meet with her. Vicky persisted in finding ways to make a connection with Melissa. One day, Melissa decided to join her for a session and never turned back. Now, Melissa shares,

“If it wasn't for Casa de Amparo and Vicky, I don't think I would be alive today.”

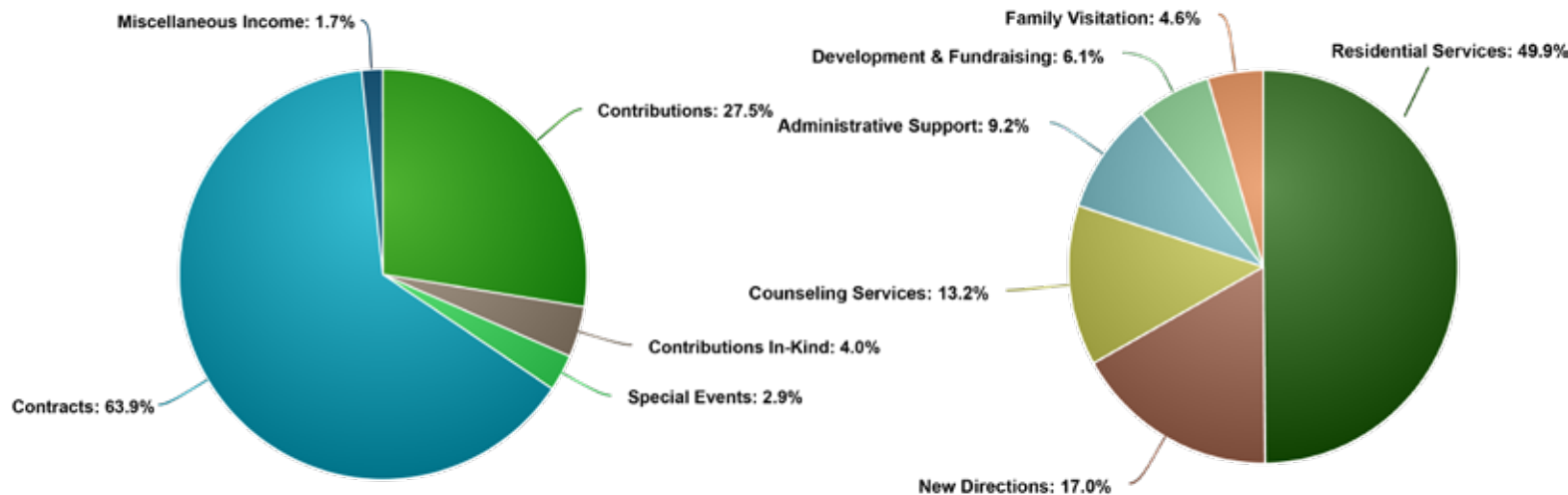
Today, Melissa is an award-winning leader in the insurance industry and has a beautiful family of her own. After starting her own business, Melissa now serves as Casa de Amparo's very own insurance representative providing benefits to our employees. ***“I wanted to come back and say ‘Thank You.’ Look at me today. You did this for me. You took an invisible kid and made her visible, and you gave her hope and a future.”***

FINANCIAL ACTIVITIES

DID YOU KNOW?
81% OF EVERY DOLLAR RAISED GOES DIRECTLY TO OUR PROGRAMS TO SERVE CASA KIDS.

REVENUES	
CONTRACTS	\$8,632,004
CONTRIBUTIONS	\$3,718,213
CONTRIBUTIONS IN-KIND	\$541,051
SPECIAL EVENTS	\$388,475
MISCELLANEOUS INCOME	\$227,366
	\$13,507,109

EXPENDITURES	
RESIDENTIAL SERVICES	\$5,554,576
NEW DIRECTIONS	\$1,893,290
COUNSELING SERVICES	\$1,468,849
ADMINISTRATIVE SUPPORT	\$1,024,935
DEVELOPMENT & FUNDRAISING	\$684,405
FAMILY VISITATION	\$512,861
	\$11,138,916



BENTIVOGLIO FAMILY TEEN WELLNESS CENTER TO BREAK GROUND IN 2022

Many children in foster care have endured significant trauma including abuse, neglect and sexual exploitation. Because of this, a growing number require a higher level of emotional, mental, and physical care. To meet the needs of these children, Casa de Amparo will construct a Teen Wellness Center, which will provide a home-like environment where Casa Kids can receive intensive therapeutic treatment that they so desperately need.

The Bentivoglio Family Fund proudly named our future Teen Wellness Center with the largest gift in the organization's history. The gift enabled Casa de Amparo to move forward in securing a bank loan to commence construction as soon as the permit finalizes. Additional Capital support this year came from The CEK Foundation, San Diego County Neighborhood Reinvestment Program Districts 3 & 5, Marriott Daughter's Foundation, and Wawanesa Insurance.

Casa de Amparo has chosen Grant General Contractors to proceed with building the Bentivoglio Family Teen Wellness Center. Plans are underway to break ground in 2022.



SPECIAL THANKS TO OUR 2020-2021 DONORS

\$1,000,000+

- BENTIVOGLIO FAMILY FUND

\$250,000 To \$999,999

- CEK FOUNDATION

\$100,000 To \$249,999

- CITY OF CARLSBAD
- COUNTY OF SAN DIEGO NEIGHBORHOOD REINVESTMENT PROGRAM DISTRICT 5
- HARRIET E. PFLEGER FOUNDATION
- HERVEY FAMILY NON-ENDOWMENT FUND
- DIANE MARTIN[^]

\$50,000 To \$99,999

- CUSHMAN FOUNDATION
- LILY LAI FOUNDATION
- MARRIOTT DAUGHTERS FOUNDATION
- JEROME & SHARON STEIN[~]
- THE CONRAD PREBYS FOUNDATION

\$25,000 To \$49,999

- AJL FOUNDATION
- BANGS FAMILY FOUNDATION
- COUNTY OF SAN DIEGO NEIGHBORHOOD REINVESTMENT PROGRAM DISTRICT 3
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- KAISER PERMANENTE FOUNDATION
- SAN DIEGO WOMEN'S FOUNDATION
- THE BQUEST FOUNDATION
- THE HENRY L. GUENTHER FOUNDATION
- WAWANESA INSURANCE

\$10,000 To \$24,999

- JASON & THERESA AKATIFF[~]
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- GERARD & KATHLEEN KILGALLON
- LISA LE FORS
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- NORDSON CORPORATION FOUNDATION
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- ST. GERMAINE CHILDREN'S CHARITY
- SYCUAN BAND OF THE KUMEYAAY NATION
- THE FERRERO FAMILY FOUNDATION INC.[^]
- JERRY & CAROLE TURK
- WD-40 MEMORY MAKING FUND
- BOB ZAMARRIPA

\$5,000 To \$9,999

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- WARREN FAMILY FOUNDATION
- KATHERINE WHITE

\$2,500 To \$4,999

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- ANTHONY & LORI PETOSA
- DUSTIN PLANTHOLT^
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- MICHAEL WEEKS
- WELLS FARGO COMMUNITY SUPPORT CAMPAIGN
- JASON & JENNIFER WILLIAMS
- RACHAEL WILLIAMSON
- JACK & DAYLE ZWART

\$250 to \$499

- LOUISE ADAMS
- ROSEMARY ALJUNDI
- AMAZON SMILE FOUNDATION
- JEFFREY ANDERSON
- GARY ANTONE
- TERRY ARINIELLO
- LINDA BANNAN
- HOWARD BOLOTIN

TOTAL DONORS

719

AVERAGE DONATION

\$2,436

(INCLUDES \$2 MILLION GIFT)

BECOME A MONTHLY DONOR AND JOIN OUR CASA FAMILY TREE!

Just like every leaf on a tree is essential to its health, every dollar you give is essential in Casa treating and preventing child abuse and neglect each and every day.

Go to www.casadeamparo.org/donate or email Bella at Bella@casadeamparo.org to learn more.

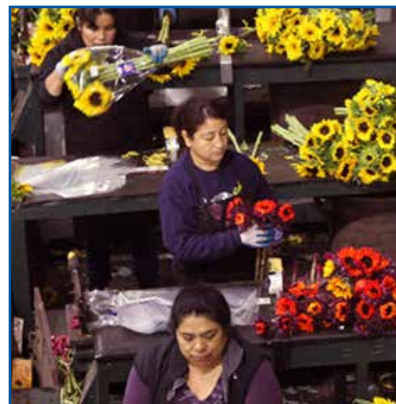
Your monthly gift makes all the difference!

FISCAL YEAR 2020-2021 IN-KIND DONATIONS

Casa de Amparo relies on in-kind donations that go directly to the youth in our programs. This year we secured over \$541,051 in items like hygiene products, cleaning supplies, household furniture, and craft supplies. This greatly helps offset our operational costs while creating opportunities for community involvement. Here are some of the awesome donations that we received this past fiscal year!

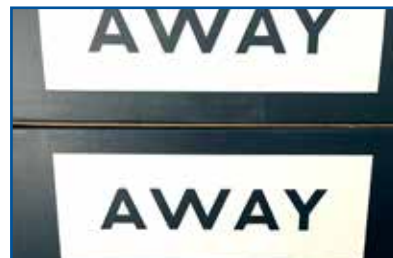
▶ **DOS GRINGOS: A FLOWER COMPANY, MAKES MOTHER'S DAY SPECIAL**

All holidays for foster youth can be difficult since they are no longer with their family members. Mother's Day is a time for celebration of a special relationship, but the significance of the day can bring back difficult or traumatic memories for our youth. Many foster youth with babies of their own strive to protect and care for their child because they did not receive that support early on in their own childhood. Casa de Amparo helps our clients learn and practice healthy parenting. Dos Gringos: A Flower Company brightened up the holiday with a donation of beautiful flower arrangements for the cottages and youth in our programs who are mothers themselves.



▶ **NORTH COUNTY LGBTQ RESOURCE CENTER GIVES PRIDE SWAG BAGS**

The annual San Diego Pride Parade is a special occasion to celebrate and honor the LGBTQ community. Since our youth could not attend due to COVID, they made their own parade on campus and received fun swag bags including flags, stickers, fans, bracelets, buttons, t-shirts and skin care items. Thank you for supporting our youth, North County LGBTQ Resource Center!



▶ **SUITCASE DONATION MAKES MOVING EASIER**

Many youth in foster care have shared stories with us about how they moved from placement to placement, before coming to Casa de Amparo, with only trash bags to carry their belongings. The experiences leave them feeling unwanted and as if their keepsakes are not important. At Casa de Amparo, we ensure all youth exit our program with proper moving supplies and luggage. This year, Together We Rise donated 30 brand new Away suitcases to help make sure our Casa Kids leave feeling empowered for the next step of their journey.

▶ **BASSETT SUPPLIES BEDS AND FRAMES**

Our longtime Corporate Signature Partner, Basset, makes it possible for each client coming into Casa de Amparo's programs to sleep peacefully every night with a new bed. And with over 64 youth a year, that's a lot of beds! Thank you, Basset for allowing our youth to rest and recover.



▶ **FOOD BY CHEF TY CELEBRATES BLACK HISTORY MONTH**

Chef Ty made a special Gumbo feast featuring a variety of Soul foods for the youth in Residential Services to celebrate February's recognition of Black History Month. Casa de Amparo therapists work regularly to incorporate youth's cultural and ethnic heritage in fun group activities, food selection, and exploration of current cultural themes.



CASA DE AMPARO'S LEGACY CIRCLE

Thanks to generous donors like you, Casa de Amparo has been helping San Diego's abused and neglected children heal and grow since 1978. Your planned gift will help us to continue the important work of making San Diego a community where child abuse is simply not tolerated. Please consult with your tax accountant or your financial adviser to analyze which of the plans is most appropriate for you. We can also arrange a face-to-face meeting with you, your advisor and Casa de Amparo's Director of Development to discuss gift giving options. For more information or to request a private tour of the Casa de Amparo programs, please contact Kathy Karpé, Director of Development, at 760-566-3556.

**INDIVIDUALS WHO HAVE REMEMBERED OR WISH TO REMEMBER
CASA DE AMPARO THROUGH PLANNED GIVING**

John & Elenora Arms

Patricia Hayward

Albert & Lee Ann Puglisi

Nancy Bellman

Thelma C. Hinrichs

Juanita Reeder

Bennett Family Trust

Gary W. Hohenhaus

Jerry Sattler

Lonian D. Boen

Joseph & Peggy Juneman

Joan Smardan

Steven & Hostensia Bram

Lisa A. Le Fors

Fay Saul Family Trust

Brausa Family Trust

David H. Lypps

Florence M., Tepper Trust

The Estate of Abel De Brito

Mary Alice McIntire

Walter Eriksen Trust

Mel & Alair Earley

Estate of Adele Patricia Scanda

William Webb

Walter Erickson

Patti B. Morris Living Trust

Harold Werner

Helen Feller

Margaret Piacenti

Emmett & Florence Woodward

Winifred Amy Granart

Gregory & Melissa Post

FISCAL YEAR 2020-2021 IMPACT

Our donors and community have made it possible for Casa de Amparo to change the lives of youth all over San Diego County and California. We strive to continue to impact their lives for many years to come!



100%
PROGRAM YOUTH

in Residential Services and New Directions received access to physical and mental health care services.



83%
NEW DIRECTIONS

participants maintained stable housing payments within the first three months of the program.



100%
PARENTS OR CAREGIVERS

reported a positive experience with the Family Visitation Program.



97%
NEW DIRECTIONS

participants established a permanent relationship with a safe and supportive adult.

WE ARE PROUD OF OUR COMMUNITY SUPPORT

It takes a community to help care for our Casa Kids, logistically, emotionally, and financially. Below are some amazing gifts Casa de Amparo received through the last fiscal year ensuring the organization's ability to continue to treat and prevent child abuse and neglect.

FUN FRIDAYS

With funding from The San Diego Foundation, our Residential Services program created Fun Fridays as an enrichment program providing therapeutic activities and opportunities for foster youth to engage with their peers in an effort to help them overcome the negative impact COVID-19 had on their social and emotional development. Each Friday over the Summer, residents participated in activities including process groups covering healthy relationships, conflict resolution, and self-regulation. Therapeutic activities involved water days, cooking & baking, outdoor adventures, and mindfulness skill building.



VIRTUAL EVENTS - CASA FAMILY REUNION, CRYSTAL BALL, AND MEET THE CHEFS

Like many other organizations, our annual events quickly turned virtual in 2020. We hosted a Casa Family Reunion in May as a way to gather our supporters and share what was transpiring with our clients. The Crystal Ball Gala was re-imagined and catered meals were delivered to guests' doorsteps from Behind The Scenes catering, as we honored our own heroes - our frontline staff, who did not hesitate to continue care for our residents when the world shut down. Meet the Chefs followed suit in April 2021, and gave participants the chance to hear directly from B Cellars winemaker while bidding online.



NEW DIRECTIONS SUPPORT

This year Casa de Amparo was humbled to receive three substantial gifts to directly help the New Directions transitional housing program. With this, we started the Enhanced Services Program (ESP) to work with participants needing a higher level of support. The Clinician leading the program has lived experience as a foster youth and now provides therapy, parenting education, job-readiness training, and clinical case management. Multiple clients successfully got new jobs at Rubio's, Fed-Ex and caregiving facilities.

Thank you to the Hervey Family Non-Endowment Fund, WD-40 Making Memories Fund, and The San Diego Women's Foundation for making all this possible!





SAVE THE DATES!

Join us in supporting Casa de Amparo's mission to treat & prevent child abuse & neglect.

Crystal Ball Gala

Saturday, November 12th, 2022

Fairbanks Ranch Country Club

For more info visit www.casadeamparo.org/crystal-ball-gala/

Meet the Chefs

Sunday, April 30th, 2023

Hilton Del Mar

For more info visit www.casadeamparo.org/Meet-the-Chefs

FORE
the CASA KIDS
Golf Tournament

June 2nd 2023

Vista Valley Country Club

For more info visit www.casadeamparo.org/FORE-the-Casa-Kids

Host a Wine Drop Party!

Get involved by hosting a Wine Drop Party and building exclusive Wine Cellars auctioned off at select events! Your efforts allow us to raise money that goes directly back into Casa de Amparo's programs & services.

To learn more, contact Bella at bella@casadeamparo.org or 760-566-3559