

Casa de Amparo – Food Pick Up Volunteer

Position Overview: Signing up for this role, you will be responsible for picking up food donations from Sprouts in Escondido and delivering them to our Casa de Amparo Oceanside Campus. This role ensures that nutritious food is available for the youth we serve. You will be handling food safely and organizing deliveries for our kitchen.

Responsibilities:

1. Pick Up at Sprouts (Escondido):

- Arrive at the Sprouts store in Escondido and park next to the dock on the left-hand side of the store.
- Walk up the ramp and ring the doorbell next to the gate.
- When the door opens, ask for John and inform them that you are with Casa de Amparo and there to pick up Feeding San Diego donations.
- If John is not available, ask any available associate for assistance with collecting the donations.

2. Collect and Inspect Donations:

- Collect all available food items, ensuring that they are still safe to consume. It's okay to pick items that expire that day, if they show no signs of mold or spoilage.
- Use the thermometer to check the temperature of the items upon loading them onto your vehicle.
- Refer to the temperature chart provided to ensure food items are within safe temperature ranges and log the temperatures accordingly and record the temperatures of the food items. You will only need to take the temperature of one item per category (frozen, diced items, etc).
 - Whole produce does not need to be temperature checked (a whole broccoli bunch, onion, grapes)
 - Anything that can be on the counter at home does not need to be temperature checked (bread, desserts)
 - Diced food will need to be temperature checked (diced tomatoes, mushrooms, etc)

- Frozen items will be needed to be temperature checked.

3. Transport to Casa de Amparo (Oceanside Campus):

- Cover the items with the cooling blanket to maintain proper temperature during transport.
- Drive the collected items to Casa de Amparo's Oceanside Campus.

4. Drop Off at Casa de Amparo (Oceanside Campus) at 103 Rancho Del Oro Dr. Oceanside, CA 92057

- Upon arrival, park in front of the building and head to the front door of the left-hand side administrative Casa de Amparo office.
- Inform the staff at the front door that you are a volunteer dropping off Feeding San Diego food donations so they can open the door to the kitchen.
- Dispose of any expired or spoiled items that may have been in the fridge prior to your drop-off.

5. Organize and Log Information:

- Record the food temperature of the food items upon arriving at Casa de Amparo again. We record the temperature upon collecting the food donations and upon arrival of our site to ensure it's safe for our youth to consume.
- Weigh the donated boxes and log their weights onto the provided chart. The scale is located in the kitchen of our Oceanside campus.
- Organize the donated cold items in the fridge and place bakery or bread items on the counter.
- Use the thermometer to check the temperature of the fridge and log this information on the chart attached to the fridge.

6. Completion:

- Once all steps are completed, please email/text Zoe the FSD pounds weight form and the food temperature log we can record these numbers on our database. After you successfully send these forms to Zoe, hold onto the forms for your next pickups until the pages are completely full. When the pages are full, Zoe will be sending you a new blank form for future pickups.

Zoe's email is zpacheco@casadeamparo.org & her phone number is (858) 377-9199.

- Ensure the kitchen door is securely closed before leaving.

Qualifications:

- Reliable and punctual.
- Ability to follow instructions and record information accurately.
- Attention to detail to ensure food safety and proper handling.
- Comfortable handling food and organizing deliveries.
- Must be able to lift and carry boxes weighing up to 25 lbs.

Time Commitment:

- Volunteers will be expected to complete this task on a regular basis, as agreed upon with the Casa de Amparo team. By volunteering for this role, you will help ensure that food donations reach the youth we serve in a timely and safe manner, supporting our mission to provide for those in need.